ESSENTIAL ITEMS PACKING LIST

**CLOTHING**

- [ ] T-Shirts
- [ ] Sleepwear/Pajamas
- [ ] Closed Toe Shoes
- [ ] Jeans/Long Pants
- [ ] Sweatshirts/Jackets
- [ ] Flip-Flops/Sandals
- [ ] Underwear
- [ ] Swimsuits (3)
- [ ] Hat
- [ ] Socks
- [ ] Shorts
- [ ] UV Protective wear ([gruvywear.com](http://gruvywear.com)) - click “Camp Orders” and type in Catalina Sea Camp

**BEDDING & LINENS**

- [ ] Sleeping Bag (REQUIRED)
- [ ] Pillow & Pillowcase
- [ ] Laundry Bag
- [ ] Bath Towels (2)
- [ ] Beach Towels (3)
- [ ] Twin Fitted Sheet & Blankets (optional)
- [ ] Wash Cloth or Bath Puff

**PERSONAL HYGIENE**

- [ ] Soap or Body Wash
- [ ] Toothbrush
- [ ] Comb/Brush
- [ ] Sunscreen
- [ ] Toothpaste
- [ ] Deodorant
- [ ] Chapstick
- [ ] Grooming Products

**MISCELLANEOUS EQUIPMENT**

- [ ] Small Backpack
- [ ] Sunglasses
- [ ] Water Bottle
- [ ] Camera (optional)
- [ ] Beach Chair (optional)
- [ ] Small Fan (optional)
- [ ] Flashlight (optional)
- [ ] Dive Gear (ALL SCUBA courses): Mask, snorkel, fins & booties
CAN MY CAMPER BRING A CELL PHONE OR OTHER ELECTRONICS TO CAMP?
Cell phones, IPODs, handheld video games and other electronic devices are NOT ALLOWED. They will be confiscated and put in the camp safe till the end of camp. Camp is a place to make new friends, try new things and gain independence which can be pretty tough if campers are texting friends from home or calling parents. PLEASE leave cell phones at home. Parents, we really need your support as it is especially difficult to reinforce policies without that support from you. Exceptions are made for campers that are flying in. Their phones will be collected upon arrival and kept safe until departure day.

WHAT ITEMS SHOULD MY CAMPER NOT PACK?
To ensure the safety of the campers, Catalina Sea Camp insists that the following items not be brought to camp.

- MP3 player/ipod/tables
- Cellular phones/Smart Phones
- Video Games
- Tobacco
- Two-way radios (Walkie Talkies)
- Illegal drugs
- Televisions/portable DVD players
- Surf Boards
- Skateboards
- Skim Boards
- Knives of any kind (including dive or filet knives)
- Inappropriate Card Games (i.e. Cards Against Humanity)
- Any smoking material (Vaping/e-Cig)
- Expensive Jewelry
- Spear Gun
- Lighters
- Alcohol
- Stereos
- Computers
- Fireworks
- Hair Dye
- Hair Clippers

Catalina Sea Camp does not accept any responsibility for the loss, damage, or theft of such devices. Any abuse of this policy will result in confiscation and storage until the end of the session.