

Dear Catalina Sea Camper:

The fact that you are reading this means that your summer is going to be awesome! Catalina Island is an ocean paradise and the underwater world will take your breath away. You will experience amazing programs, extraordinary staff and activities that you will never forget!

This Parent Guide contains everything you need to prepare for a fun and rewarding camp experience. Please read through the Parent Guide carefully as it is essential in your preparation for the summer.

All forms required for camp attendance are included in your online account. A list of these forms is included in this Parent Guide.

I'm sure many of you have questions around how we will handle COVID-19 during the summer. These details will come just before summer and will be based on the most up-to-date information and guidance from the CDC, California State Government and the American Camp Association. Please look for the "COVID-19 Supplement Guide" some time in May.

Children, now more than ever, need to be outside, off screens, and together. To be able to do this safely in the time of COVID-19, we are asking you – and everyone in our community – to assist in our efforts to keep campers and staff safe and healthy this summer. If you have any questions, please do not hesitate to call our business office at (909) 625-6194, contact our Summer Camp Registrar at registrar@gdi.org or me, your Summer Camp Director, Jacqui, at jacqui@catalinaseacamp.org. After May 15th we will be on site and can be reached by phone at (310) 510-1890. We are here to help!

We will see you this summer!

Jacqui Howe Catalina Sea Camp Summer Camp Director

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SECTION I 1-WEEK CATALINA SEA CAMP

FREQUENTLY ASKED QUESTIONS

A. ARRIVAL & DEPARTURE

1. HOW DO THE CAMPER'S GET TO CAMP?

Catalina Sea Camp staff will escort campers to and from Catalina Island aboard a large boat (700 passenger) leaving from the Queen Mary Terminal in Long Beach. Campers prone to seasickness should take anti-motion sickness medication. The fee for transportation to and from the island is included in the tuition. Due to the location of the dock, you may have to pay for parking. If there are changes or emergencies that will affect camper pick-up or drop-off time or location, you will be notified by email, phone blast and text.

2. WHERE AND WHEN DO I DROP MY CAMPER OFF?

1-Week Sea Camp 1:	SATURDAY	June 12, 2021
1-Week Sea Camp 2:	SATURDAY	June 19, 2021
1-Week Sea Camp 3:	SATURDAY	June 26, 2021
1-Week Sea Camp 4:	SATURDAY	July 3, 2021
1-Week Sea Camp 5:	SATURDAY	July 10, 2021

Drop off timing will be staggered as we will be operating a "drive-thru drop-off". The schedule will be as such.

Last Names Beginning with A-F - Drop off between 11:00AM-12:00PM Last Names Beginning with G-L - Drop off between 12:00PM-1:00PM Last Names Beginning with M-Z - Drop off between 1:00PM-2:00PM

The boat will depart at approximately 2:30 p.m. LUNCHES ON THE DAY OF DEPARTURE ARE THE RESPONSIBILITY OF EACH FAMILY. Campers should have eaten lunch before they get on the boat. The snack bar on the boat will not be operational due to COVID regulations. Campers must keep their masks on during the entire crossing.

A map has been provided for you with directions to the terminal in Long Beach. Sea Camp staff will be stationed at various locations in the parking lot to help direct you. For your safety, please heed all signs, follow directions and instructions of staff.

3. WHERE AND WHEN DO I PICK MY CAMPER UP?

1-Week Sea Camp 1:	FRIDAY	June 18, 2021
1-Week Sea Camp 2:	FRIDAY	June 25, 2021
1-Week Sea Camp 3:	FRIDAY	July 2, 2021
1-Week Sea Camp 4:	FRIDAY	July 9, 2021
1-Week Sea Camp 5:	FRIDAY	July 16, 2021

Campers should arrive from camp at the Queen Mary terminal at approximately 12:00 p.m. Please make arrangements to pick your child up at the terminal at the appropriate time. Please bear in mind that the boats are not always on schedule and we request your patience should they run late. Any camper not picked up within 1 hour of arrival in Long Beach will be charged a late fee of \$50.00 per hour. This charge must be paid upon pick-up of camper.

4. WILL CAMP PICK UP AND/OR DROP OFF MY CAMPER AT THE AIRPORT?

Unfortunately no. Based on guidance from the American Camp Association and the CDC, we will not be offering our usual airport service this summer. Travel guidelines will likely change before summer and it is difficult to predict what restrictions will be in place. We are currently asking that all campers arrive by private transportation. We will not be providing transportation to and from the airport for summer 2021.

5. CAN MY CAMPER STAY AT CAMP BETWEEN SESSIONS?

YES! Campers attending more than one consecutive 1-week camp sessions can indeed stay at camp from one session to the next at a cost of \$100 per camper. Campers will be fully supervised during this time. Campers cannot stay at camp before their session begins.

You will need to indicate your wish for your camper to stay over on your travel form. On the travel form for the first session attending, please select "stay over for the departure". On the travel form for the second session attending, please select "stay over for the arrival". If you have any questions about this process please contact our business office at 1-800-645-1423.

6. HOW DO I GET TO THE QUEEN MARY TERMINAL IN LONG BEACH?

We will be using Catalina Classics at The Queen Mary terminal in Long Beach. The address is 1046 Queens Highway, Long Beach, CA 90802. Please see the attached map.

Directions to Sea Camp and Check-in

Catalina Classic Cruises

S Catalina Sea Camp Check-in 1046 Queens Hwy, Long Beach Ca 90802

Located next to the Queen Mary at the Catalina Express Terminal

Take the 710 fwy South into Long Beach. Stay in the right lane, follow all signs to Queen Mary which will lead you to the Catalina Express terminal inside the Queen Mary gate.

Parking: First 1/2 hr free Fees vary from \$12/hr to \$15/day

If you get lost please call Sea Camp at: (562) 247-5045





B. MEDICAL

1. DOES MY CAMPER NEED A PHYSICAL?

YES. The physicians examination form is available through the "Forms & Documents" link on your online account. Have this form completed by your physician prior to the start of camp. The physical must have taken place within one year of the start of their enrolled session.

2. HOW DO I RETURN MY CAMPERS' REQUIRED FORMS?

Once the required forms have been completed, there are THREE OPTIONS for returning these documents.

- A. <u>COMING SOON!!!</u> UPLOAD TO CAMPANION APP (PREFERRED) This will be done by taking a picture of the document and uploading to your account on the CAMPANION APP (details on final page of this Parent Guide).
- B. FAX (PREFERRED) There should be a small bar code located in the lower right hand corner of each page of the forms. Be sure when faxing these documents back, that the bar code is visible. Please fax those documents to (949) 627-8084.
- C. UPLOAD AS A PDF (PREFERRED) To upload these documents, log into your account and click the "Forms & Documents" link, then find the appropriate corresponding form. You will see an upload arrow on the right side of the section. Click the upload arrow and follow the instructions to correctly upload the documents.
- D. SNAIL MAIL If you are unable to fax or upload the documents you can mail the forms to our physical address:

Attn: Summer Camp Registrar 27282 Calle Arroyo San Juan Capistrano, CA 92675

3. <u>IF MY CAMPER TAKES PRESCRIPTION MEDICATION HOW IS</u> THAT ACCOMMODATED?

All prescribed or over-the-counter medication needed by a camper will be collected at check-in by the nurse. Accurate instructions must accompany the medication. ALL MEDICATION MUST BE BROUGHT TO CAMP IN THE PRESCRIBED CONTAINERS. Campers will have access to their medication through the nurse's office. Campers flying in, must put medication in a carry-on bag to be turned in to the nurse upon arrival at the boat terminal.

4. IF MY CAMPER HAS SPECIAL REQUIREMENTS WILL THEY BE ACCOMMODATED?

- DIETARY NEEDS: If your camper requires a special diet please click the "Forms & Documents" link and list this on the health history form. If your camper has a more severe allergy, please contact our camp director at 1-800-645-1423
- PHYSICAL NEEDS: If accommodations are needed for your camper to fully participate in the program, please contact our camp director at 1-800-645-1423 at least one month before camp begins.

5. WHAT DO I DO IF MY CAMPER IS SICK BEFORE CAMP BEGINS?

Please call the business office at 1-800-645-1423 to discuss the specifics of your child's medical condition. The health of your camper has an effect on the health of the entire camp community. If ill or injured, a doctor's release will be necessary at check in.

6. WHAT HAPPENS IF MY CAMPER GETS SICK OR INJURED WHILE AT CAMP?

The medical professional on site will make an informed decision about whether or not the parent or guardian needs to be contacted based on the severity of the illness or injury. The primary parent or guardian will be contacted by phone.

C. COMMUNICATION

1. WHERE DO I MAIL A LETTER TO MY CAMPER?

Address all mail to: Camper Name

Team number (will be given at check in)

c/o CIMI @ Fox Landing

PO Box 1920 Avalon, CA 90704

NOTE: WE ARE NOT ACCEPTING PACKAGES OF ANY KIND! THEY WILL BE SENT BACK AND YOUR CAMPERS STORE ACCOUNT WILL BE CHARGED FOR SHIPPING. IF YOUR CAMPER NEEDS AN ITEM PLEASE CALL US FOR APPROVAL.

2. CAN I CALL MY CAMPER?

Telephone calls to or from your camper are not allowed due to their busy schedules. If you have some concern about your child, our camp staff is available to help you. In case of an emergency you may contact the camp. Our camp office is open between 7:30 a.m. and 9:30 p.m. at (310) 510-1890. Calls after 9:30 p.m. may be answered by an answering machine. The camp office is closed on weekends.

3. CAN I EMAIL MY CAMPER or RECEIVE EMAILS FROM THEM?

Please log into your account and then click on the email link, the system will guide you through the process of purchasing "CampStamps" to send emails as often as you'd like throughout the session to your camper. WE WILL PROVIDE YOU WITH 5 "CAMPSTAMPS" PER CAMPER, PER WEEK, PER PARENT WHICH WILL BE ADDED TO YOUR ACCOUNT RIGHT BEFORE CAMP BEGINS. More information can be learned by reading the detailed instructions at the end of this guide.

4. CAN I SEE PICTURES OF CAMP EACH DAY ONLINE?

Pictures will be posted each night. It is free to view the pictures, and prints can be purchased through our photo gallery at catalinaseacamp.smugmug.com. We will do our best to make sure each camper has a picture in the gallery, but this is not guaranteed. Digital copies of camp photos are free to save to your devices.

5. CAN I VISIT MY CAMPER?

No. In order to keep our cam population safe we do not host a Visitor's Day during one 1-week program.

D. WHAT TO BRING TO CAMP

1. WHAT SHOULD MY CAMPER PACK?

On the following page you will find a minimum list. Everything on the list has a function. We suggest checking off or counting the exact number of items on this list below. Please keep this form at home to ensure that all the items are accounted for upon your camper's return from camp. PLEASE MAKE SURE EVERYTHING IS WELL LABELED WITH YOUR CAMPERS' NAME.

2. HOW SHOULD MY CAMPER PACK THEIR GEAR

Please limit luggage to no more than 2 bags and a backpack. To help with the sorting of the luggage on the first day of camp, 8& 9 year old campers should tie a GREEN string on their bag, 10 & 11 year old campers should tie a RED string on their bag, and 12-14 year old campers should tie a BLUE. Also, make sure all luggage has a visible tag with the camper's name and address written in ink.

3. ESSENTIAL ITEMS PACKING LIST

CLOTHING		
T-Shirts	Sleepwear/Pajamas	Closed Toe Shoes
Jeans/Long Pants	Sweatshirts/Jackets	Flip-Flops/Sandals
Underwear	Swimsuits (2)	Hat
Socks	Shorts	
UV Protective wear (type in Catalina Sea Camp)	optional purchase - gruvywe	ar.com - click "Camp Orders" and
BEDDING & TOWELS		
Sleeping Bag	Pillow & Pillowcase	Laundry Bag
Bath Towels (2)	Beach Towels (2)	Wash Cloth or Bath Puff
PERSONAL HYGIENE		
Soap or Body Wash	Toothbrush	Comb/Brush
Sunscreen	Toothpaste	Deodorant
Chapstick		
MISCELLANEOUS EQUI	PMENT	
Small Backpack	Sunglasses	Water Bottle
Camera (optional)	Flashlight (optional)	

4. CAN MY CAMPER BRING A CELL PHONE OR OTHER ELECTRONICS TO CAMP?

Cell phones, smart phones, smart watches IPODs, handheld video games and other electronic devices are NOT ALLOWED. They will be confiscated and put in the camp safe till the end of camp. Camp is a place to make new friends, try new things and gain independence which can be pretty tough if campers are texting friends from home or calling parents. PLEASE leave cell phones at home. Parents, we really need your support as it is especially difficult to reinforce policies without that support from you. Exceptions are made for campers that are flying in. Their phones will be collected upon arrival and kept safe until departure day.

5. WHAT ITEMS SHOULD MY CAMPER NOT PACK?

To ensure the safety of the campers, Catalina Sea Camp insists that the following items not be brought to camp.

MP3 Player/ipod/tablets AirPods

Smart Watch (Apple Watch)

Any Smoking Products (Vaping/Juul)

Mobile Phones/Smart Phones Expensive Jewelry

Video Games Spear Gun
Tobacco Lighters
Marijuana Products (i.e. edibles) Alcohol

Illegal Drugs Stereos
Televisions/portable DVD players Computers
Surf Boards Fireworks
Skateboards Hair Dye

Skim Boards Hair Clippers
Two-way radios (Walkie Talkies) Weapons of any kind

Knives of any kind (including dive or filet knives)

Inappropriate Card Games (i.e. Cards Against Humanity)

Catalina Sea Camp does not accept any responsibility for the loss, damage, or theft of such devices. Any abuse of this policy will result in confiscation and storage until the end of the session.

6. IS THERE A DRESS CODE?

Yes. We ask that our campers dress appropriately and of course comfortably for their various activities at camp.

- We do not allow campers to wear clothing with alcohol, tobacco, drug, religious, political, sexual or obscene printing.
- Please keep the bathing suits modest What does "modest" mean No thongs, string or cheeky bikinis for female campers and no Speedo-style bathing suits for the male campers.
- Please send your campers with shorts of an appropriate length. The length of skirts, skorts, and shorts must extend below the camper's thumb tips when the camper's arms are extended at his/her sides.
- · We do reserve the right to request campers to change clothing if deemed

E. YOU'RE AT CAMP

1. WHAT DOES THE WEEKLY CAMP SCHEDULE LOOK LIKE?

Catalina Sea Camp

1-Week Session Camper Schedule

Breakfast 8:00-8:30 Lunch 12:30-1:00 Dinner 6:00-6:30

	9:00-10:30	10:45-12:15	1:00 - 2:00	2:00-3:30	3:45-5:30	6:30-7:30	7:30 - 8:30	8:30-9:00
Sat		Check-in Long Beach 11:00AM-1:00PM	Boat Ride to Toyon 1:45-3:55		4:00 - Welcome 4:15 - Move In Tour/Team Pics 5:00 - Guideline Talk	Rec Time Until 7pm	7:00-9:00 OPENING CAMPFIRE @ AMPITHEATRE	Dorm Time
Sun	A - C Core Activities	A - C Core Activities	Quad Time	A - C Core Activities	A - C Core Activities	Rec Time	CREW NIGHT	Campfire
Mon	A - C Core Activities	A - C Core Activities	Quad Time	A's Core B & C Elective	A's Core B & C Elective	Rec Time	CREW NIGHT	Campfire
Tues	A - C Core Activities	A - C Core Activities	Quad Time	Quad Time ALL CAMP CLEAN-UP!		Rec Time	DIVE DECK SOCIAL	
Wed	A - C Core Activities	A - C Core Activities	Quad Time	A's Core B & C Elective	A's Core B & C Elective	Rec Time	ELECTIVE NIGHT	Campfire
Thurs	A - C Core Activities	A - C Core Activities	Quad Time	A's Core B & C Elective	A's Core B & C Elective	Packing	Closing Campfire Ceremony Ice Cream Social & Final Slideshow	
Fri	Pack & Clean	10:00-12:00 - Boat to Long Beach	A Campers = 8 & 9 year olds, B Campers = 10 & 11 year olds, C Campers = 12 & 13 year olds					

2. HOW DOES THE CAMP STORE WORK?

Once you have registered your camper, you have the option to fund the camp store account at any time prior to your camper's arrival at camp. We generally recommend an average of \$50.00 per week. To fund the camp store account, please log on to your camper's account and click the link named "View Camp Store Account". Please note, at the time you fund the camp store account, your credit card will be charged for the selected amount. At the end of the summer any remaining balance \$10.00 and below will NOT be refunded to your credit card and will be added to our camp financial aid fund. Any remaining balance over \$10.00 will be refunded to your credit card on file. If you would like to change your selection that was made upon registration, please contact the Sea Camp Registrar at 1-800-645-1423.

Items available in the camp store include:

Soap/shampoo Post cards/stamps Toothbrushes T-shirts
Snacks Sweatshirts Batteries Mementos

Sunglasses Hats

SECTION II FORMS

1-WEEK CATALINA SEA CAMP

A. CHECKLIST

ALL REQUIRED CHECKLISTS ITEMS BELOW MUST BE COMPLETED BY APRIL 1, 2021 ALL FORMS CAN BE FOUND ON YOUR CAMPERS' ACCOUNT ONLINE.

1.	CAMP TUITION & FEES
2.	HEALTH HISTORY
3.	PHYSICIANS EXAMINATION
4.	PARENT AUTHORIZATION
5.	CAMPER EXPERIENCE
6.	CAMPER CODE OF CONDUCT
7.	TRANSPORTATION
8.	CAMP STORE ACCOUNT
9.	SCUBA (IF APPLICABLE)

B. CAMP TUITION AND FEES

Camp fees are due by MAY 1, 2021. 1-WEEK SESSION

2021 Tuition \$2,250.00 Non-Refundable Deposit \$300.00 Total Tuition Due \$1,950.00

Please Note: No postdated checks. Please make checks payable to "GUIDED DISCOVERIES". Checks may not be processed immediately. When your credit card is charged, "GUIDED DISCOVERIES" will show on your statement.

C. TRANSPORTATION

Please login to your camper account and complete the transportation form with what arrangements have been made to drop off and/or pick up your camper for camp. If your camper is going to be picked up in a vehicle by someone other than the primary guardians listed in your camper account, then the Name and Contact number MUST be provided for the individual who will be the pick up person.

D. HOUSING POLICIES

Catalina Sea Camp believes that meeting new people is an essential part of the camp experience. We encourage you and your camper to think of camp as an opportunity to meet as many new friends as possible. Summer camp is a great way to develop life skills, especially friend-making skills.

- Roommate requests are not guaranteed. We will do our best to accommodate reasonable requests.
- Roommates must be the same gender and in the same age group.
- Age Groups: "A" campers 8-9 years old
 - "B" campers 10-11 years old
 - "C" campers 12-13 years old
- Roommates are grouped by AGE, <u>NOT GRADE</u> in school. This applies to all campers, including those who have skipped grades. The age cutoff date is August 31st. This means that whatever age a camper is on August 31st is what age we consider them at camp.
- Campers will NOT be moved up to the next age group. Campers may move to a younger group, if appropriate and space allows.
- Only reciprocal requests are granted. Please make arrangements with friends at least one month prior to camp requests can be made by logging into your camper account and clicking the "Forms & Documents" link and then continue to the "Bunk Request Form".

A SPECIAL NOTE REGARDING PERSONAL INFORMATION ABOUT YOUR CHILD

We hope you noticed the Camper Experience report included in the online registration materials. We would like to take a moment to discuss this particular report.

Some parents are ambivalent about providing camps with information about personal aspects of their child's behavior or past experiences. Some parents fear that the information may be misused, while others are concerned about their child being "labeled," singled out or treated differently. All parents want to see their child have a good start at camp, unencumbered by past problems.

As seasoned camp directors who are ourselves parents we appreciate these concerns. We also know how invaluable such information can be in assisting us to help your child make as smooth and happy adjustment to camp as possible, something we know all parents want! Very often having prior knowledge about a learning difficulty, a recent loss in or out of the family, a major change in the family or in the child's life can be the crucial factor in helping us be sensitive to your camper's need for patience, understanding, and reassurance. Since children often automatically use their behavior rather than their words to tell us what's bothering them, having advanced knowledge of areas that might be difficult for your child really helps us understand the message in his/her actions so we can assure him/her of a better summer.

Our commitment is never to misuse such information or to release it to unauthorized persons. It will never be used at camp unless necessary, and then only with the greatest discretion. We will certainly let you know if your child is having difficulty. If you have any special concerns about this information or about your child, please feel free to call us. Or, if something comes up before camp begins, please send us a note or call us. As a team we can better assure your child of a successful time at camp!

ADDITIONAL RESOURCES

The <u>American Camp Association</u> (ACA) has many wonderful resources to help you and your child prepare for camp. Here are some suggested articles;

- Conversations to Have Before Camp Conversations Before Camp
- Emotional Readiness for Camp <u>Emotional Rediness</u>
- Top Tips to Prepare for Camp Preparing for Camp
- 13 Tips for Managing Pre-Camp Anxiety in Children Pre-Camp Anxiety

If you would like further assistance preparing your child for camp, our summer camp director is always available to help. Contact Jacqui at icaqui@catalinaseacamp.org.



Camper Photos & Emails on your phone any time

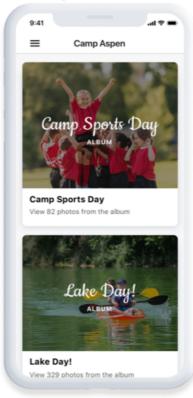
How to Setup Campanion:

- 1. Download Campanion from the APP STORE
- 2. Use your Camper Account login info to open the app
- 3. Follow the opening instructions and take a photo of your camper

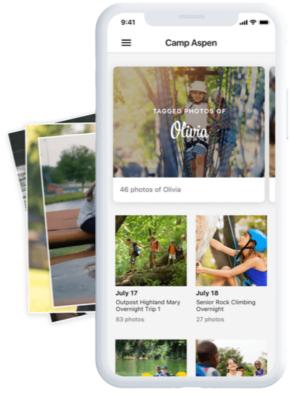
What Campanion Does:

- 1. Creates photo albums of all the photos uploaded each day
- 2. Once a camper's photo has been setup, Campanion uses Face Finder software to notify you when a new photo of your camper has been uploaded *Face Finder is optional unless you want to be notified when your camper has a new photo upload and tagged in the system*

Sample Album



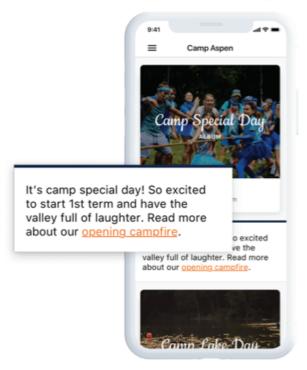
Tagged Campers Photo



What Campanion Does continued:

- 3. Receive short messages from the Camp Director about events at camp
- 4. Instantly share photos with friends and family or social media
- 5. Receive notifications for new emails and email your camper from Campanion

Director's Message

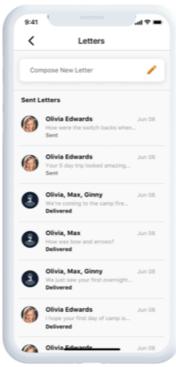


Email Notifications &

Compose New Emails

Easily Share Photos





For more information visit https://campanionapp.com/support/faq/ OR For assistance call CampMinder Support at 303-444-2267